

To NASDAQ Copenhagen

27 January 2026

Reporting of granting of Tryg shares by senior management

Statement of transactions by members of senior management and their related parties in shares, issued by Tryg and related securities, cf. article 19 of the EU Regulation 596/2014.

1. Details of the person discharging managerial responsibilities/person closely associated	
a)	Name Johan Kirstein Brammer
2. Reason for notification	
a)	Position/status Executive Board
b)	Initial notification/ amendment Initial notification
3. Details of the issuer	
a)	Name Tryg A/S
b)	LEI 213800ZRS8AC4LSTCE39
4. Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Shares
	Identification code DK 0060636678
b)	Name of transaction Granting
c)	Price(s) and volume(s) Price(s): DKK 152.90 Volume(s): 17,435
d)	Aggregated information - Aggregated volume - Price - Aggregated volume: 17,435 - Price: DKK 2,665,811.50
e)	Date of transaction 26-01-2026
f)	Place of transaction NASDAQ Copenhagen

1.	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Lars Bonde
2.	Reason for notification	
a)	Position/status	Executive Board
b)	Initial notification/ amendment	Initial notification
3.	Details of the issuer	
a)	Name	Tryg A/S
b)	LEI	213800ZRS8AC4LSTCE39
4.	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument	Shares
	Identification code	DK 0060636678
b)	Name of transaction	Granting
c)	Price(s) and volume(s)	Price(s): DKK 152.90 Volume(s): 16,898
d)	Aggregated information - Aggregated volume - Price	- Aggregated volume: 16,898 - Price: DKK 2,583,704.20
e)	Date of transaction	26-01-2026
f)	Place of transaction	NASDAQ Copenhagen

Further information

Visit tryg.com or contact Investor Relations:

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