

To NASDAQ Copenhagen

5 January 2026

Reporting of granting of Tryg shares by senior management

Statement of transactions by members of senior management and their related parties in shares, issued by Tryg and related securities, cf. article 19 of the EU Regulation 596/2014.

1. Details of the person discharging managerial responsibilities/person closely associated	
a)	Name Mikael Kärrsten
2. Reason for notification	
a)	Position/status Executive Board
b)	Initial notification/ amendment Initial notification
3. Details of the issuer	
a)	Name Tryg A/S
b)	LEI 213800ZRS8AC4LSTCE39
4. Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Shares
	Identification code DK 0060636678
b)	Name of transaction Granting
c)	Price(s) and volume(s) Price(s): DKK 166.50 Volume(s): 1,090
d)	Aggregated information <ul style="list-style-type: none"> - Aggregated volume: 1,090 - Price: DKK 181,485.00
e)	Date of transaction 02-01-2026
f)	Place of transaction NASDAQ Copenhagen

Further information

Visit tryg.com or contact Investor Relations:

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