

To NASDAQ Copenhagen

16 April 2025

Reporting of trading in Tryg shares by senior management

Statement of transactions by members of senior management and their related parties in shares, issued by Tryg and related securities, cf. article 19 of the EU Regulation 596/2014.

1.	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Johan Kirstein Brammer	
2.	Reason for notification		
a)	Position/status	CEO	
b)	Initial notification/ amendment	Initial notification	
3.	Details of the issuer		
a)	Name	Tryg A/S	
b)	LEI	213800ZRS8AC4LSTCE39	
4.	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument	Shares	
	Identification code	DK 0060636678	
b)	Name of transaction	Sell	
c)	Price(s) and volume(s)	Price(s): DKK 149.60	Volume(s): 1,067
d)	Aggregated information - Aggregated volume - Price	- Aggregated volume: 1,067 - Price: DKK 159,621.20	
e)	Date of transaction	14-04-2025	
f)	Place of transaction	AQUIS EXCHANGE EUROPE	

1.	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Johan Kirstein Brammer
2.	Reason for notification	
a)	Position/status	CEO
b)	Initial notification/ amendment	Initial notification
3.	Details of the issuer	
a)	Name	Tryg A/S
b)	LEI	213800ZRS8AC4LSTCE39
4.	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument	Shares
	Identification code	DK 0060636678
b)	Name of transaction	Sell
c)	Price(s) and volume(s)	Price(s): DKK 149.95 Volume(s): 766
d)	Aggregated information - Aggregated volume - Price	- Aggregated volume: 766 - Price: DKK 114,860.40
e)	Date of transaction	14-04-2025
f)	Place of transaction	CBOE EUROPE - DXE PERIODIC (NL)

1.	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Johan Kirstein Brammer
2.	Reason for notification	
a)	Position/status	CEO
b)	Initial notification/ amendment	Initial notification
3.	Details of the issuer	
a)	Name	Tryg A/S
b)	LEI	213800ZRS8AC4LSTCE39
4.	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument	Shares
	Identification code	DK 0060636678
b)	Name of transaction	Sell
c)	Price(s) and volume(s)	Price(s): DKK 149.81 Volume(s): 7,114
d)	Aggregated information - Aggregated volume - Price	- Aggregated volume: 7,114 - Price: DKK 1,065,775.30
e)	Date of transaction	14-04-2025
f)	Place of transaction	CBOE EUROPE - DXE ORDER BOOKS (NL)

1.	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Johan Kirstein Brammer
2.	Reason for notification	
a)	Position/status	CEO
b)	Initial notification/ amendment	Initial notification
3.	Details of the issuer	
a)	Name	Tryg A/S
b)	LEI	213800ZRS8AC4LSTCE39
4.	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument	Shares
	Identification code	DK 0060636678
b)	Name of transaction	Sell
c)	Price(s) and volume(s)	Price(s): DKK 149.90 Volume(s): 387
d)	Aggregated information - Aggregated volume - Price	- Aggregated volume: 387 - Price: DKK 58,010.10
e)	Date of transaction	14-04-2025
f)	Place of transaction	TURQUOISE EUROPE

1.	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Johan Kirstein Brammer
2.	Reason for notification	
a)	Position/status	CEO
b)	Initial notification/ amendment	Initial notification
3.	Details of the issuer	
a)	Name	Tryg A/S
b)	LEI	213800ZRS8AC4LSTCE39
4.	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument	Shares
	Identification code	DK 0060636678
b)	Name of transaction	Sell
c)	Price(s) and volume(s)	Price(s): DKK 150.03 Volume(s): 23,166
d)	Aggregated information - Aggregated volume - Price	- Aggregated volume: 23,166 - Price: DKK 3,475,650
e)	Date of transaction	14-04-2025
f)	Place of transaction	NASDAQ Copenhagen

1.	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Lars Bonde
2.	Reason for notification	
a)	Position/status	COO
b)	Initial notification/ amendment	Initial notification
3.	Details of the issuer	
a)	Name	Tryg A/S
b)	LEI	213800ZRS8AC4LSTCE39
4.	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument	Shares
	Identification code	DK 0060636678
b)	Name of transaction	Sell
c)	Price(s) and volume(s)	Price(s): DKK 149.72 Volume(s): 32,500
d)	Aggregated information	
	- Aggregated volume	- Aggregated volume: 32,500
	- Price	- Price: DKK 4,865,786
e)	Date of transaction	14-04-2025
f)	Place of transaction	NASDAQ Copenhagen

Further information

Visit tryg.com or contact Investor Relations:

Gianandrea Roberti, Head of Financial Reporting, SVP, +45 20 18 82 67, gianandrea.roberti@tryg.dk

Robin Hjelgaard Løfgren, Head of Investor Relations, +45 41 86 25 88, robin.loefgren@tryg.dk

Peter Brondt, Investor Relations Director, +45 22 75 89 04, peter.brondt@tryg.dk